



# Breakfast 'N Learn

Winter/Spring 2012 Series

Join Forest View Hospital as we continue our series of educational seminars focusing on mental health issues. Therapists, counselors, social workers, mental health practitioners, physicians, school social workers and guidance counselors are encouraged to attend. There is no cost to attend and a free continental breakfast will be served.

## Winter/Spring 2012 Series

January 11, 2012

Postponed

February 8, 2012

Conflict Resolution Part I

Sue Verduin-Miller, LMSW

Susan Verduin-Miller has developed, refined and practiced a method of conflict resolution over 20 years of working with children as a school social worker. She uses an approach to communication developed in Imago Therapy and will demonstrate a conflict resolution process that creates and uses empathy. It is a method of working with children to create an empathic, non-defensive atmosphere in which they will learn the essential elements of conflict resolution. The seminar participants will have a deeper understanding of the role of brain functioning during conflict and resolution. Participants will be given the opportunity to learn how to teach this process to groups of children and will be able to experience this approach through role-play.

March 14, 2012

Conflict Resolution Part II, Beyond Bully Prevention.

Sue Verduin-Miller, LMSW

Using the Conflict Resolution process presented in February, participants will learn the process of interviewing victims, incorporating bystanders, and developing empathetic understanding with them. The process of addressing bullies after the victims and bystanders are empowered as well as the ongoing support needed to maintain gains and safety will be presented. Using the same approach as listed above.

April 11, 2012

Psychosocial Treatment for Pediatric Weight Management

Kimberly Slendak, LMSW, Helen DeVos Children's Hospital

Adele Cadieux, PsyD, Pediatric Psychologist/Healthy Weight Center Psychologist

Helen DeVos Children's Hospital

Childhood obesity has more than tripled in the last 30 years. In 2008, it was reported one third of children and adolescents were overweight or obese. It is estimated if changes are not implemented, the children of today will be the first generation that is not expected to outlive their parents due to the effects of being overweight or obese. Treatment for these children is beyond telling them and their families to "eat healthy and move more." The causes of childhood obesity are numerous and treatment must be geared towards addressing as many of the causes as possible, including psychosocial factors and barriers. Learn how you can make an impact on psychosocial treatment for pediatric weight management.

May 9, 2012

Child and Adolescent ADHD

Dr. Marcia Rappley, MD

Dean College of Human Medicine, Michigan State University

Dr. Rappley will discuss how many aspects of research in ADHD complements what we have learned about brain development from early life through young adult years. Studies in behavioral aspects of ADHD, neuropsychology, psychopharmacology, neuroimaging and genetics converge to highlight the importance of dopaminergic pathways and anatomic centers of the brain in understanding ADHD.

All seminars will be at Kent ISD in the Grand Room

**RSVP Required / Limited Seating.**

**ATTENDANCE TO THE ENTIRE 2 HOURS IS REQUIRED. MUST SIGN IN AT BEGINNING OF SEMINAR AND PROVIDE LICENSE NUMBER.**

**Forest View Hospital is an approved provider with the Michigan Social Work Continuing Education Collaborative.**

**Certificates will be provided upon verification of attendance.**

**If Forest Hills Public Schools are closed due to weather, the Breakfast 'N Learn Seminar will be cancelled.**

2nd Wednesday of each Month 8:00 a.m. to 10:00 a.m. from February through May

Kent Intermediate School District - Grand Room

Education Services Center

2930 Knapp NE

Grand Rapids, MI 49546

RSVP: 616.957.2540, 800.949.8439, ext. 201

or email [forest.viewevents@uhsinc.com](mailto:forest.viewevents@uhsinc.com)

Forest View Hospital is committed to providing quality mental health care with compassion and respect.

## ABOUT FOREST VIEW HOSPITAL

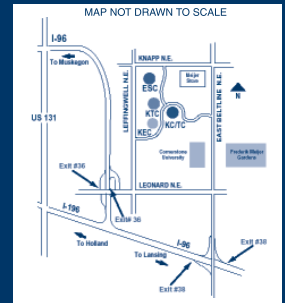
Forest View Hospital has provided comprehensive treatment programs for all types of mental illnesses for adults, children, and adolescents for over 35 years. Forest View also provides specialized treatment services for individuals with eating disorders, trauma-related disorders, and co-occurring disorders. **SPECIAL NEEDS DUE TO DISABILITY:** Please contact our office three (3) weeks prior to the seminar. We will strive to accommodate your needs. For additional information, contact us at 800.949.8439 or visit us online at [www.forestviewhospital.com](http://www.forestviewhospital.com).

## DIRECTIONS

### KENT INTERMEDIATE SCHOOL DISTRICT - EDUCATION SERVICES BUILDING (KENT ISD) 2930 KNAPP NE, GRAND RAPIDS, MI

Exit at East Beltline. Continue north past Frederik Meijer Gardens, past Leonard Street, past the Meijer store complex to Knapp Street. Turn left (west) onto Knapp (take the "turnaround" in order to actually turn left). Kent ISD is the next business after Meijer. Sign on the left once you pass the side entrances of Meijer. The Educational Service Center will be the first building, Parking Lot 11. If **Forest Hills Public Schools** are closed due to weather, the Breakfast 'N Learn Seminar will be cancelled.

ELECTRONIC VERSION AVAILABLE <https://www.forestviewhospital.com/our-seminars.shtml>.  
SIGN UP TO RECEIVE MAILINGS BY EMAIL. Send your name and email address to [forest.viewevents@uhsinc.com](mailto:forest.viewevents@uhsinc.com) Place **SUBSCRIBE** in the Subject line.



### Forest View Hospital

1055 Medical Park Drive SE  
Grand Rapids, MI 49546  
[www.forestviewhospital.com](http://www.forestviewhospital.com)



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