

## COST AND INSURANCE

The treatment at Forest View is covered in whole or in part by most insurance plans, including Blue Cross, Medicare, Medicaid and most HMO's.

## ADMISSION INFORMATION

Patients can call themselves or may be referred by a mental health professional, family physician, pastor or family member. The specially trained staff in our Assessment and Referral Center is available 24 hours a day to answer questions or to provide a free assessment.

## **ASSESSMENT AND REFERRAL CENTER AVAILABLE 24 HOURS A DAY.**

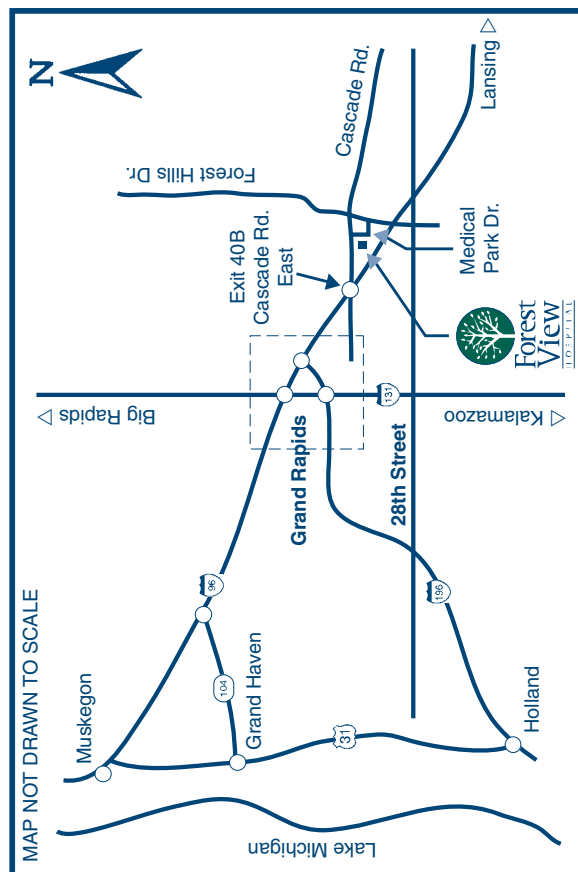
Our mental health professionals are always available to answer questions and provide information. We provide **free assessment** and will make recommendations for treatment if necessary.

*For information or to schedule a free assessment, call*

**1-800-949-8439**

**or**

**(616) 942-9610**



616.942.9610

800.949.8439

fax: 616.285.9144

1055 Medical Park Drive SE  
Grand Rapids, MI 49546-3671  
[www.forestviewhospital.com](http://www.forestviewhospital.com)



### **Services Provided**

Twenty-four Hour Assessment and Referral

Adult Services

Child and Adolescent Services

Free Assessments

General Psychiatric Inpatient

Partial Hospitalization

Trauma

Eating Disorders

Detox/Dual Diagnosis

To make a referral for services, call our  
assessment and referral center  
24 hours a day at  
616.942.9610 or 800.949.8439

## OUR MISSION

To provide **quality** mental health care with **compassion** and **respect**.

## ABOUT FOREST VIEW

Forest View Hospital is a 62-bed private psychiatric facility located seven miles southeast of downtown Grand Rapids, Michigan. Dedicated to excellence and innovation. Forest View brings over 30 years of experience to the evaluation, diagnosis and treatment of a wide range of behavioral health problems.

Forest View Hospital is committed to providing comprehensive treatment for all types of mental illness. Because we believe that each person is unique, all treatment is individually designed to meet the specific needs of each individual.

The focus of treatment is practical and solution focused with an emphasis on symptom reduction and the learning of healthy coping skills.

## FOREST VIEW HOSPITAL PROGRAMS

The basic assumption utilized in our treatment approach is that moderate to severe mental disorders of children, adolescents and adults result from the interaction of biological, psychological and social factors. Each area is thoroughly evaluated and a physician-led multi-disciplinary team of clinicians provide treatment. Treatment focuses on strengthening age-appropriate coping skills while assisting the patient in overcoming problem areas. Treatment is individualized and includes the patient as an important member of the treatment team. Our purpose is to promote the maximum cognitive, social, physical, behavioral and emotional development in each of our patients in the most caring manner.

## CHILD, ADOLESCENT AND ADULT TREATMENT OPTIONS

### ❖ Acute Inpatient Treatment

The treatment team provides for patients a safe, structured environment with therapeutic modalities appropriate for the individual's developmental and family needs. Programming is designed to prevent the recurrence of the symptoms which necessitated hospitalization.

### ❖ Partial Hospitalization

Partial hospitalization provides a structured plan of intensive treatment on an outpatient basis. Program services include group therapy, family therapy, lifestyle education and psychopharmacological management. The program is designed as both an alternative to hospitalization as well as a key component in the continuous spectrum of care following hospitalization.

## SPECIALIZED TREATMENT OPTIONS

### ❖ Eating Disorders Treatment

Forest View's professional reputation across the State of Michigan has been developed through seventeen years of experience in the treatment of Eating Disorders. The primary focus of the eating disorders treatment services at Forest View Hospital is directed toward the diagnostic categories of Bulimia and Anorexia.

### ❖ Trauma Program

The Forest View Trauma Program is designed for persons dealing with all types of trauma including sexual abuse, physical or emotional abuse or post traumatic stress. This innovative, non-regressive approach uses practical techniques that help patients remain functional while working actively in therapy.

### ❖ Dual Diagnosis Treatment

The primary need for treatment is based on the psychiatric disorder with consideration of the severity of the chemical dependency. Adult patients requiring detox services are admitted to the adult unit for supervision by our medical internist. The emphasis during treatment is on education, treatment and management of both the mental illness and chemical dependency as well as comprehensive discharge planning.

## REFERRAL SOURCES

Referral sources are an important part of the treatment team at Forest View. Referral sources will receive regular communication following a signed release of information from the patient, throughout treatment. The emphasis on discharge planning and the development of close working relationships with referral sources are essential facets of the treatment model and enhance positive long term outcome.